Sihnag

THE OFFICIAL STUDENT PUBLICATION
OF SULU STATE COLLEGE



TOASTMASTERS CLUB

THE FIRST & ONLY TMC

In the province of

SULU

VOL. V, NO. 10

WHAT'S Inside?

EDITORIAL 3
ARE WE REALLY LEARNING?

COLUMN 4-7
GIVE IT A SHOT
PAIN: A FOLDED PAGE
LITERACY AS LITERAL COMMON SENSE
A TIME TO REFLECT

NEWS 8-17
-TES DISBURSEMENT
-38TH COMMENCEMENT EXERCISE VIRTUAL CEREMONY
-SULU STATE COLLEGE TOASTMASTERS CLUB
-BUWAN NG WIKA
-THE NEW JEWELS OF SIHNAG
-SSC UPHOLDS FIRST VIRTUAL RECOGNITION CEREMONY AMIDST PANDEMIC
-FRESHIES VIRTUAL ORIENTATION

CENTERFOLD 18-19

FEATURES 20-25
-THE NEW BEACON THROUGH THE VOYAGE OF SIHNAG
-A HISTORY MADE IN THE BRINK OF PANDEMIC
-NEW- OPENED BEACHES
-A SHEPHERD STARS TO A GREAT LUMINOSITY AND LEADERSHIP

LITERARY 26-27

CORNERS 28-31
- SCIENCE CORNER
- ISLAMIC CORNER
-CLTURE CORNER
COMICS



About the cover

The cover represents the ultimate determination of Sulu State College (SSC),under the dynamic administration of Prof. Charisma S. Ututalum, CESE, to be heard by the whole world. The college has been laboriously exerting efforts to achieve its goals. This year, SSC was able to provie the first and only Toastmasters Club in t he province of Sulu when it established the Sulu State College Toastmasters Club. This gesture is believed to be one ways to unveil the hidden treasures of SSC community. This year's slogan is "Roar Loud, Ssc!"

ACKNOWLEDGMENT

Specials thanks to the following

Prof. Charisma S. Ututalum, CESE
Prof. Jehana Muallam-Darkis, Ed.D
Mr. Firash Zhed S. Ututalum
Asso. Prof. Armina A. Escribano
Asso. Prof. Yusuf-den Jamasali
Asso.Prof. Edwin M. Tantalie
Mrs. Shallemar C. Pelayo
Mr. Rasmil T. Abdurasul
Mr. Juliusking I. Vivas
Mr. Khaizar H. Barrie
Mrs. Melba Idjilani
Supply Office
Sihnag Staff

EDITORIAL



Are We Really Learning?

Education in the new normal setting has been a challenge to the educators and to the learners. Students submit for compliance, not for learning. Priority is not to understand the whole lesson, but to be able to answer all the given questions and perform the activities on time. Now, is actual learning present?

The Covid-19 has shaken the world with its surprise of dominating the whole humanity. It affects the life of people around the globe but living with it is our only choice. It is considered as the most crucial global health calamity and it affects the world in many fields - health, economy, freedom, and most especially education. It is a great challenge for everyone to adjust to the new normal setting. Different learning modes have been introduced during the pandemic, to provide quality education despite of having this battle with the invisible enemy.

With schools all over the world redesigning because of Covid-19, blended learning is becoming a new normal. It has been around for a while and is the combination of traditional face-to-face instruction with aspects of online. Blended learning strives to provide students the best of both face-to-face and online learning experiences.

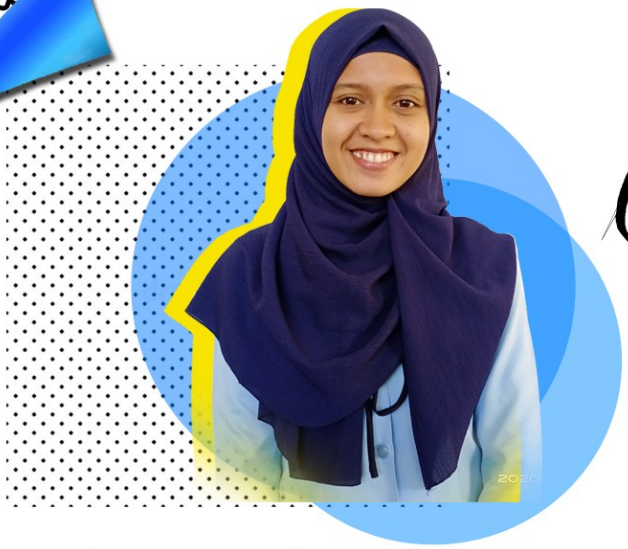
Teachers and learners do not meet each other. Many online tools for communication through technology are being utilized to have classes.

Under this is the 'online learning' which some believed to be convenient. “I believe that the integration of information technology in education will be further accelerated and that online education will eventually become an integral component of school education”, says Wang Tao, Vice President of Tencent Cloud and Vice President of Tencent Education. Dr Amjad, a Professor at The University of Jordan who has been using Lark to teach his students says, “It has changed the way of teaching. It enables me to reach out to my students more efficiently and effectively through chat groups, video meetings, voting and also document sharing, especially during this pandemic."

Truly, education will be much easier to achieve through online learning during this pandemic, but not all learners are of the same status. Many can't afford their daily needs, barely eat three times a day, struggle because of losing job. Some of the learners do not even have their own gadgets and some come from rural areas which makes it hard for them to access the internet. We are all having a hard time this pandemic, and yet some of our teachers make it even harder for the learners. Requiring the students to log in to the different educational platforms despite the fact that not all will be able to and giving deadlines which only gives the students a little time for their activities together with the other subjects are not education at all. The focus of education must be on the outcome of the learners.

Online learning is not for everyone. By requiring students to engage on it, is the goal to really educate them? Or just to make it look like they are being taken care of?

Column



Give It A Shot

By Remalyn B. Habibon

"Opportunities don't often come along.
So, when they do, you have to grab them."
- Audrey Hepburn

Are there days you want to bring back? Are there times you want to rewind and change your decisions? Have you ever sat with yourself while staring the night sky and asked, "What if?"

I am a type of person who enjoys my comfort zone. I say "no" to things which I am not confident of doing. I refuse offers, I ignore chances. I want to stay lowkey, not known by many. Until one night, realization hits me. "Until when will I be like this?" "How will I be able to change my life if I am not doing anything for it to happen?" The thoughts of my previous actions flooded my mind. Actions which I can only think about but can never change. So I decided. Enough with the 'I can't do it', it's time for 'I can do it, I can learn how to do it'.

As I was about to refuse another chance of improving myself when my teacher told me, "It's not that you can't do it, it's just that you are afraid. Fear, that's what I can see in you." Those were just simple words, but it actually had a great impact on me.

I am hesitant to do things because I am afraid I won't be able to do it well. I am afraid that I might disappoint the people who believe in me, I am afraid of judgments. But now is the time to change that mindset. Everyone starts from zero, and eventually learns how to do it well in the process. If we want to change, we need to take an action. And that small action might turn out to be the first step we have taken towards improvement

In life, chances rarely come. There are days when we are so blessed yet we sometimes ignore the blessings that come our way. Regrets are always in the end - when we realize how precious the things we allowed to pass us by. So before it is too late for realization, grab it.

Life has a lot to offer. Each day brings chances to change our lives for the better. The choice to take the opportunities depends upon us. So do not waste a single chance to do the things that might bring changes to your life, a change that you will be thankful for someday.

PAIN: A FOLDED PAGE

By Alkaisa D. Sahibad



The solemnity of a cold night at 9:33 feels like embracing vast stories, filling the hidden curiosity, and pointing out flash- scenarios in mind. With the set spaces between rooms of thoughts and wonder, the mind chose to travel down the hook of differences and was lost in the idea of aches and bliss. Pain is a common term we often buried down deep in us. The common definition we save on our archive: Pain is what makes us suffer – be it physically, emotionally or mentally. It is a folded page on some part in us that we don't offer much liking nor loves exploring around because somehow it made us go back to the same old base we don't want to see or feel anymore which in time, grows old with us. Pain goes out not the same among us, and that one definition to the other can't quite define the path have been laid down at each one of us. Pain has unique faces, and seems tainted in cover. With all the hurdles and experiences we've been through, I believed you already have the perfect concept of what it is and how it looks like, or maybe still unsure of everything that's spinning around you which will make sense as time goes by. However, I seem lost in the thinking, what makes pain a pain?

Each day, we come in contact with diverse individuals having different personalities. Each of them bears unique faces which covers wide set of emotions that somehow offers different meanings. I saw people covered with paint but bears crumpled pieces within. I watched people got lost in the arms of pain, but managed to put up a face like nothing's going on with them. I walked miles and switched off to different angles viewing the visage of truth at some point in life, and it saddened me that many chose to offer a thorn rather than a home. I couldn't help but wonder, what makes it that way? While contemplating, it turns out that it is not actually that they've chosen it, but maybe they are also in search for homes or just don't give a care at all. I've learned that there is actually pain that drawn by others, and the pain we paint on ourselves.

Those sections offer different hit, meanings, and medicine. It always has a corner at someone's story that is left folded, and not known by many.See? Each unique faces are covered with scars, wears unique edges, and bears goodness in them that we sometimes don't see. It is in human nature, I guess, to put on mask upon masks to brace the corner we don't want others enjoying. However, some truths hide in the venture of our eyes, and there are people who smile so widely, helping out a friend that is going through something, comforts other friend, and shares the same feeling with them even knowing the fact that they are also ruined inside, yet out there spreading the positivity – I call it kindness. There are these people who suffer from a tainted past, yet still out there fighting to free the fear within them – I define it courage. Someone out there also feels miserable inside, yet managed not to vent it out at anyone because he knows others are also going through something – It is empathy. At the very least, not everything solemn to our naked eyes is true or even everything that's left behind bars isn't real. Thus, our unlawful judgment can't quite supplement the reality.

Pain carries a unique trait in us. Somehow, it suffocates us to death, and put carve in us we don't want to see, but do you know what's good? It is created for a meaning – either to draw us into becoming better or wanting us to put up a net where we can learn from the aches and experiences we've been through so we wouldn't be left hanging. Somehow, it exists to make us look braver each day. For a fact, every ounce of submission requires a price, and that price could either make you bloom or drown. The choice is on us. Then, what makes pain a pain? Well, I don't have concrete answers to that, but, I believed that pain exists because we love, expect, and take risks at someone or something isn't sure of. And those tainted times, I guess, are born to complete the pieces of a story we are on the making.

To conclude my swishing thoughts, everyone carries imperfect battles, and has a folded page at the corner of their hearts that's remained untold. Things that hit the bottom of us are valid such as our disappointments, fear, and trauma, and no one can invalidate that as it differ with everyone. It is not a matter of who have been through best or worse. A pain is always a pain – and is mostly guarded. However, at times, set aside the mentality of 'should be me' always. Some of the chapters of the story we are about to make is not always about us.

There is a section for many, if we leave that open. Everyone is in longing for a common place, let's not just offer them a shelter. A remedy of kindness could turn a folded page into something light, and wonderful. Let's start by unfolding some of the pieces they kept for long because they too have story to share that matters.

So, what's your story?

Column



Literacy as Literal Common Sense

By Analyn E. Limpasan

Reading belongs to five macro skills of learning together with watching, listening, writing and speaking. Above them all lies the major function of reading in the process of learning. As the child enters school, he begins learning through reading while listening to his teacher. In the primary level, reading comprehension test is still present which shows that reading is very vital that requires to be learned by student. It is quite sad that the Philippines is ranked as one of the countries with the lowest literacy rates in Asia.

As a matter of fact, the data from 2018 Programme for International Student Assessment (PISA), Philippines ranks the lowest among 79 countries. Reading was the main subject assessed among 15-year old students in the 2018 PISA. The Philippines had an average reading score of 340, more than 200 points below China (555) and more than 100 points less than the OECD average (487), the information said.

I highly recommend strict implementation of teaching strategies and principles in order to promote and develop the student's reading comprehension and literacy. The Philippines also placed the second-lowest in Mathematics (353), along with Panama, and Science (357) which is, obviously, being affected by low reading literacy. We know that English is a universal language, and considered to be the second language of some countries and people.

Some may say that schools only require reading during class or doing assignments in amendments to their responsibility as a student. Grade doesn't matter as it won't determine your future, but let me tell you that grades determine your attitude in learning and doing your responsibility. In addition, reading acts as a fuel that makes your brain function. Utilizing MRI looks, analysts have affirmed that reading includes a complex organization of circuits and signals within the brain. As your reading capacity develops, those systems to get more grounded and more advanced. So, if you feel brainless and immobilized because you can't understand the message, maybe you are lacking in reading literacy. It's time to take a book and read.

However, reading takes time and may be subjected to false statement or biased articles, especially in social media which has a big impact in every individual's daily reading life. That is why we have to be literate to what we are reading, not just by the appearance itself. Try to do some research when facts seem to be malicious or wrong in its content. You can directly consult scholarly articles online, an expert on that matter or another article to support malicious claims and prove if it is a fact or a biased fact.

Nowadays, technology reigns over almost all of our activities. Since education can happen virtually, especially during this time of pandemic, we can face various challenges in the authenticity, accuracy and factual strength of the articles we are reading. Agreeing to neuroscientists, reading rewires those ranges of the brain dependable for talked dialect and vision. This moves forward our cognitive insights. Reading can move forward the working of the brain zone that channels the enormous sum of visual data that we see each day. Along the challenge of adjusting to the new normal, we are also challenged to rewire ourselves to proper reading in order to comprehend the current situation through what we see and read in newspapers, social media or television.

According to Charles Eliot, books are the quietest and most constant friends. They are the most accessible and wisest of counselors, and the most patient of teachers. Not only books but everything we read that can help us to better understand our personality, can greatly contribute to our reading capability, reading comprehension and reading literacy. Grab a book from your shelf or an ebook from your cellphone and start reading with a heart because reading can make you move without moving even the tip of your finger.

Reading is as important as language is. Without language, there is no communication and interaction. Without reading, there are no comprehension, authentic knowledge, and dependable truth that support factual claims and arguments. Personally, reading makes me relaxed and relieved everytime I get stressed. Reading to learn is the best thing to do, especially, as a student. As time goes by, stories never fail to do their job on entertaining and telling how beautiful life is. No matter what, reading is still a great thing to do. It is not limited to a certain age, whether you are young or old, as long as reading is within your heart.



A TIME to Reflect

By Adzrina A. Sadikal



Read then reminisce.... Have you ever asked yourself about who you are now? Have you ever noticed changes in you and in your surrounding? Did you still believe that life is too short? Did you still appreciate small things or were you eaten by the situation? Which situation? Pandemic or Technology?

Too many questions but will you be able to answer it all without reflecting? Without reminiscing the past? Let me share some of my observations in my life and my surroundings, six years ago, when I was in grade 7, we were not exposed to gadgets. We were happy playing outside our room, roaming around the campus, eating together while laughing and we even enjoyed studying. I a lots of friends - true friends indeed. Happy, right? Now, ask yourself, are you still doing those things with your friends? Look around you, did you see a grade 7 playing or even enjoying their study? Nope! They are not., Instead,they are all holding phones and having their own world, escaping the reality, the real world. We all knew that technology doesn't choose age, either children or adults.

Now ask yourself, are you one of them? Let's connect the technology to the pandemic. What do you observe in your community or simply in your house? Does technology help you during pandemic or it just drags yourself closer to your gadget? Are you still enjoying it or are you seeking for the real happiness in the world?

In this pandemic situation are you one of those who become closer to their family? Reflect, reminisce your old life. Do you think you changed a lot? I myself see changes, a lot of it. I became also a person who based half of my life in my phone. I even cried whenever my phone got broken especially now during pandemic, students like me really need to have a phone or else they will left behind. But sad to say, most of us can't afford to have a gadget or when they have, they are still having a problem with internet connection instead of being present. They will be absent because of poor connection. For the students out there, don't lose hope. In God's will, we will surpass this all together, don't let this situation stop you from studying and dreaming. Be motivated and take some pieces of advice also. Please don't rely on your gadgets and don't make it your world. Appreciate the surroundings that God has given us. It is way more beautiful than your own world and please bear in mind that we are not permanent in this world. I still believe in the quote "Life is too short". Enjoy your life while you are still breathing, we don't know when our end is.
Reminisce, Reflect, and Change for a better person.

TES DISBURSEMENT

By Remalyn B. Habibon



Disbursement of the Tertiary Education Subsidy under Listahan 2.0 was held on October 8, 2020 at SSC Gymnasium. A total of 343 grantees received their allowances amounting to 20,000.00 Php each grantee for the 1st semester of AY 2019-2020. Together with the grantees and guardians, the SSC President, Dr. Charisma S. Ututalum, CESE, was also in attendance with the other officials of Sulu State College.

Installation of Internet Service Provider (ISP), BAMBUSAT at CSITE Department

By Marly M. Sabtuli

Last October 22, 2020, Sulu State College MIS installed Internet Service Provider (ISP) at the Computer Science Information Technology Engineering (CSITE) Department. The ISP was installed by the MIS team, led by the MIS Director, Mr. Julkifar J. Usban. The team was composed by MIS staff; Mr. Riduan A. Asammil, Mr. Adzhar A. Abduhadi, and Mr. John Raymar A.

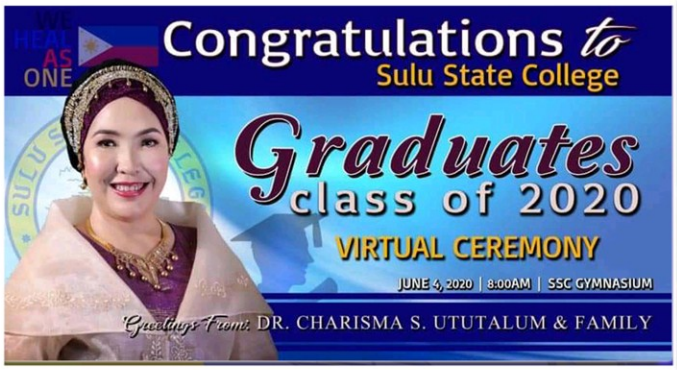
Sulu has a poor internet connection that's why the Sulu State College installed Internet Service Provider to provide a fast internet connection to Sulu State College administration, teachers, and staff such as sending data, announcement, and memorandum to entire Sulu State College Campus, and for the teachers conducting online classes.



Installed Internet Service Provider (ISP), in CSITE

38th Commencement Exercises Virtual Ceremony

By Neridam Ammak and Morsalyn Harun





On June 4, 2020 at 8:00 AM, Sulu State College held its 38th Commencement Exercises Virtual Ceremony at SSC Multi-purpose Gymnasium, Walled City Garcia St., Jolo, Sulu. A total of 524 undergraduates and 37 in the graduates studies were include in the class 2019-2020 @SSC Multi-purpose Gynnasium, Walled City Garcia st., Jolo, Sulu. "SSC: We Heal As one" is the theme of this year's ceremony.

Tuan Immir S. Juhudi, MAED, lead the prayer and was followed by the singing of the national anthem conducted by Asst. Prof. Haridja A. Bakil, MAED. It was followed by the singing of the SSC hymn then by the welcome address of Ricky S. Morales, Jr. BSED. The Sulu Governor, Hon. Abdusakur M. Tan gave his inspirational message.

The deans presented their graduates from their respective departments. Eventually, the conferment of degree was accepted by the college president, Dr. Charisma S. Ututalum. The most awaited and significant part of the ceremony was the distribution of the diplomas by Dr. Charisma S. Ututalum, CESE assisted by Hja. Putlih Ambon I. Bakil, Ed.D then followed by the introduction of the guest speaker by Ms. Krysha C. Samparani, RN. The guest speaker was Hon. Christopher Lawrence 'Bong' T. Go. The Batch Valedictorian, Ms. Malikha J. Ilupa, gave her address of thanks.

The event was concluded with the induction of graduates to SSC Alumni Association by Hon. Hussien S. Amin, president of SSC Alumni Association.

General Sanitation 2020

By Ben-Ben A. Mulkin

Last July 25-26, 2020, the National Service Training Program, in partnership with the Students Services, conducted General Sanitation 2020 with the theme "Bayani Tungo Sa Kalinisan" held at the School Administration SSC Campus.



The said program ensures evidence-based and consistently provides proper sanitation as per advised that it was a global attempt to improve quality of life of people around the world by 2020. It is said to be a means of intervention against the recent surge of COVID-19 Pandemic. Meanwhile, report says that during a global pandemic, one of the cheapest, easiest, and most important ways to prevent the spread of the virus is to wash your hands frequently with soap and water.

News

Sulu State College Toastmasters Club
Charter Presentation and Installation of Officers

By Alkaisa D. Sahibad

The Sulu State College Toastmasters Club (SSCTMC), as part of Toastmasters International under Area 2, Division E, District 75, gathered at AVR CSITE building, SSC Main Campus, Patikul, Sulu for their charter presentation and Installation of Officers which was held via Zoom last November 14, 2020 and started at around 3:30 in the afternoon. The following individuals were present during the activity, namely : The District 75 Division Director, Nino Sepulveda, ACS; Marilyn Legaspi, The District 75 Director; the Toastmasters International Director, Dotty Du; Cong. Jericho Nograles, the guest of the event and the SSC Toastmasters Club members with the supportive SSC College President, Prof. Charisma U. Ututalum, CESE. The Toastmasters of the day was Yahnalee Cabradilla, CC, the Area Director.



Mr. Firash-Zhed Ututalum,the first SSC Toastmasters Club President



The Toastmasters Club Officers during Oath Taking

BTI BARMM Sulu Conducts E-Comics Making Contest

By Aldam Sawadjaan and Mih. JohnTanjilul

The Bureau of Trade and Industry BARMM Sulu and MTIT BARMM Regional Office conducted an E-comics making a Work from Home Contest among all universities and colleges here in Jolo, Sulu with the theme "Sustainable Consumer in the New Normal" on October 30, 2020 at the MTIT - Sulu Provincial Office, Jolo Sulu.

The Sulu State College participated on the said contest, with the selected participants from the different school department, namely: 1. Moh. Khalid S. Ladjaanan (BS Nursing) 2. Sherly M. Salihuddin (BS Nursing) 3. Mudzramin Adjari (BEED) 4. Moh. John Tanjilul (BEED) 5. Aldam J. Sawadjaan (BS Nursing) 6. Fatimah Durum P. Jilah (BS Nursing). The SSC had composed 3 entries with 2 participants each, under the supervision of their coaches, Mr. Julius Indanan Vivas and Mrs. Adawia Jamasali-Alibasa.

The hardwork and determination of all the participants and their coaches had paid off as they have brought home the triumph and gave pride to all the SSCians.



The champion of E-comics receiving their prizes (Moh. Khalid S. Ladjaanan and Sherly M. Salihuddin)



Participants of the contest along with their coach Mr. Juliusking I. Vivas



Faculty members from every department of SSC who gladly participated in t he training

CSITE Conducts Re-echo Training on Google Classroom as Online Platform

By Bennazir Angsa

The School of Computer Science, Information Technology and Engineering (CSITE) of Sulu State College conducted a re-echo training on Google Classroom as online platform held on July 13-17, 2020 at CSITE computer room.

The training was headed by Mr. Aldaruhz T. Darkis, DPA, Dean of School of CSITE. The participants were faculty members of various department of Sulu State College. There were also lecturers who had been trained and as a speaker during the training namely: Mr. Aldaruhz T. Darkis, DPA, Mrs. Froilyn S. Jamawadil, DPA, Mrs. Marlyn E. Hadjurul, DPA, Mr. Alnahar A. Amirul, MPA, Mr. Berhamin S. Majan and Mr. Nurvin J. Bara.

The said training was mainly about educating teachers on how they apply and install Google Classroom wherein they will give their lessons to students using this online platform and as well as to continue offering quality education amidst the pandemic. After the said training, our beloved teachers were very glad for what they have learned during the training.

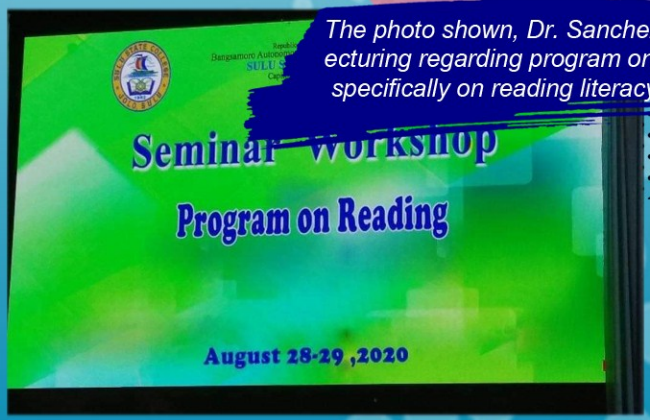
Sulu State College Conducts Seminar-Workshop"Program on Reading"

By Sherly Salihuddin

On August 28-29, 2020, the Sulu State College conducted a Seminar Workshop "Program on Reading" at SSC gymnasium that was participated by the laboratory high school faculty members and few invited individuals of the Sulu State College faculty members from School of Arts and Sciences and School of Education. Since the said workshop happened in the middle of pandemic, minimal participants were invited to avoid mass gathering and to follow the IATF protocol. The said workshop was organized by Mrs. Raugda Julhamid, one of the AS faculty members. The lecturer for the said workshop was Dr. Jocelyn K. Sanchez. She lectured for two days during workshop and mainly focused on reading literacy. This program of DepEd aims to enhance reading programs and approaches existing in schools, to utilize assessment results in developing appropriate interventions that help improve the literacy skill of all types of learners, as well as up skill and reskill teachers in becoming effective reading instructors.



The photo shown, Dr. Sanchez l ecturing regarding program on reading specifically on reading literacy.



Buwan ng Wika 2020

By Nurida Salip Julkiram



Ang paaralang Sulu State College ay naki-isa sa pagdiriwang ng Buwan ng Wika sa taong 2020 na may temang, "Wika ng Kasaysayan, Kasaysayan ng wika : Ang mga Katutubong Wika sa maka Filipinong Bayanihan Kontra Pandemya".

Ang pagdiriwang ay alinsunod sa batas na itinakda sa proklamasyong bilang 1041 taong 1997, na ang Agosto 1-31 ay Buwan ng Wikang Pambansa.

Sa kabila ng pandemya na hinaharap, ipinagdiwang ng nasabing paaralan ang Buwan ng Wika sa paraan ng pagpapakita at pag su-suot ng mga guro at mga tauhan sa paaralan sa ibat-ibang departamento , ng katutubong kasuotan ng mga Pilipino, Tausug, at mga Filipiniana. Ang pagsusuot ng Kasuotang ito ay minsan lamang sa isang linggo at ito ay sa tuwing Miyerkules lamang sa kabuuang buwan ng Agosto. Ang pagdiriwang ng paaralan ay sumunod sa patakarang ukol sa pandemya, at ipinagdiwang Ito ng mapayapa at punong-puno ng kooperasyon ng bawat departamento.

ADJARI AND HABIBON HELD AS THE NEW EIC

By Alkaisa Sahibad

In order to determine the position of the four (4) remaining staffers in the editorial board, the Sihnag and Sulu Pearl conducted a two-day training- workshop on Campus Journalism with the theme : " Write to Express, Not to Impress" last November 11-12,2020 at Sihnag and Sulu Pearl Office, SSC Main Campus, Patikul Sulu. Mr. Edwin Tantalie, Labliner Publication adviser, was the guest speaker of the said training who taught on the following topics, namely: Editorial Writing, Feature Writing, News Writing, Cartooning, and Photojournalism. Mudzramin Adjari, Remalyn Habibon, Alkaisa Sahibad and Moh. John Tanjilul together with the two (2) students from the Education Department, namely: Redzma A. Biruah and Nursima M. Gajer were the participants of the said training. The training-workshop was spearheaded by Mrs. Adawia Jamasali-Alibasa, the Sihnag and Sulu Pearl Adviser.



Mr. Edwin Tantalie (left), Staffers and the invited students from Education Department (Center), Mrs. Adawia J. Alibasa (Right)

The program started at around 7:30 in the morning Mudzramin Adjari followed by the singing of the National Anthem and an opening remarks given by Mrs. Adawia Jamasali-Alibasa before the program proper. After each lecture, the participants were given an allotted time to make an article based on topics given to them. Aside from training-workshop, the four (4) staffers went through a one-on-one interview with Mrs. Adawia Jamasali-Alibasa as part of the selection process. After a thorough deliberation, Ms. Remalyn Habibon and Mr. Mudzramin Adjari were announced as the new Editor -in- Chief of Sihnag Publication and Sulu Pearl Yearbook respectively. The program ended at around 4:30 in the afternoon of November 12, 2020 with photo Ops. Congratulations!

The New Jewels of Sihnag

By Remalyn B. Habibon

The Sihnag publication conducted a qualifying examination held last November 19, 2020 at Sihnag and Sulu Pearl office. Ma'am Adawia Jamasali-Alibasa, Sihnag and Sulu Pearl adviser, explained the flow of the exam to the examinees. The writers and the cartoonists were given 2 hours for brainstorming and to finalize their work, while the photo journalists were asked to submit a photo (with a caption) about the topic given.

Here are the list of the brilliant minds who successfully passed the qualifying exam:

WRITERS:
ANALYN E. LIMPASAN, 2nd year / BSE - English
ADZRINA A. SADIKAL, 1st year / BEE
ALKHAMAR L. SADDALANI, 1st year / BSE - English
RANYESSA S. SENCIO, 1st year / BSE - English
NURIDA I. SALIP JULKIRAM, 1st year / AB English
NURMALYN H. JUMALI, 1st year / BSN
MARLY M. SABTULI, 2nd year / BSN
FATIMA MARNIZA N. RENE, 2nd year / BSN
ALDIMAR D. TAHA, 2nd year / BSE - Science
SHAIRA U. SAKKAM, 2nd year / BSE
BENNAJAR M. ANGSA, 1st year / BSN
NERIDAM P. AMMAK, 2nd year / BSN
MORSALYN P. HARUN, 1st year / BSN
NURMELA FAHMA H. PANDI, 1st year / BSN
BEN-BEN MULKIN, 2nd year / BSE - Science

PHOTO JOURNALISTS:
BENNAZIR M. ANGSA, 1st year / BSN
SHERLY M. SALIHUDDIN, 3rd year / BSN
MOH. RIDZNUR M. SARABI, 1st year / Biological Science

CARTOONIST:
ALDAM J. SAWADJAAN, 3rd year / BSN





The evaluators in Sihnag Qualifying Examination

CATEGORY	EVALUATORS
Writing	Mrs. Adawia J. Alibasa
	Mrs. Shallemar C. Pelayo
	Mr. Khaizar H. Barrie
Photo Journalism	Mr. Yusof-den Jamasali
	Mr. Firash Zhed S. Ututalum
	Mr. Rasmil T. Abdurasul
Cartooning	Mr. Juliusking I. Vivas
	Mr. Edwin M. Tantalie
	Mr. Yusof-den Jamasali

SSC Security Training Program

By Adzrina A. Sadikal

The 75th Special Action Company of the Philippine National Police – Special Action Force (PNP-SAF) headed by Police Captain Kenneth Lumbre conducted a one day security safety training program to twenty-two (22) Security Guards of Sulu State College with the theme "Soaring High for Better and Safe SSC" last November 22, 2020 at around 8 in the morning held at AVR CSITE Building, SSC Main Campus, Patikul, Sulu. They discussed about the Covid-19 health protocols which are; proper hand-washing, social distancing and how to arrest those who disobey the rules of the school.



The SSC Security team gives honour to the Philippine flag.

The SSC BSN Program is now level 1 Accredited

By Adzrina A. Sadikal

The School of Nursing, headed by Prof. Alijandrina T. Jalilul, RN, MAN, passed the Level 1 online accreditation for Bachelor of Science in Nursing (BSN) Program held by the Accrediting Agency of Charted Colleges and Universities in the Philippines (AACCUP), Inc. last December 7-13, 2020 which was held via Zoom with the presence of the following accreditors, namely: Prof. Mary Jane Rigor; Prof. Carmela A. Camila Urabano; and Prof. Nuela Reyes. The faculty and staff of the School of Nursing together with the Director Asso. Prof. Delfina Ampung for accreditation gathered at Peplau Room, School of Nursing building, SSC Main Campus, Patikul, Sulu to witness the event. The success was with the help of the administration, the faculty and staffs of School of Nursing, and the untiring support of the College President, Prof. Charisma Ututalum, CESE.





The School of Nursing faculty and the other SSC personnels togethe with the Dean of School Nursing , Ass.Prof Alijandrina T. Jalilul, RN MAN and the Director Asso Prof. Delfina Ampung for Accreditation.

SSC Conducts Training – Workshop on Capacity Building of School Administration in Sulu

By Shaira Sakkam



PROF. CHARISMA UTUTALUM,CESE, SUC PRESIDEN II, DELIVERS HER MESSAGE REGARDING THE NEW NORMAL EDUCATION

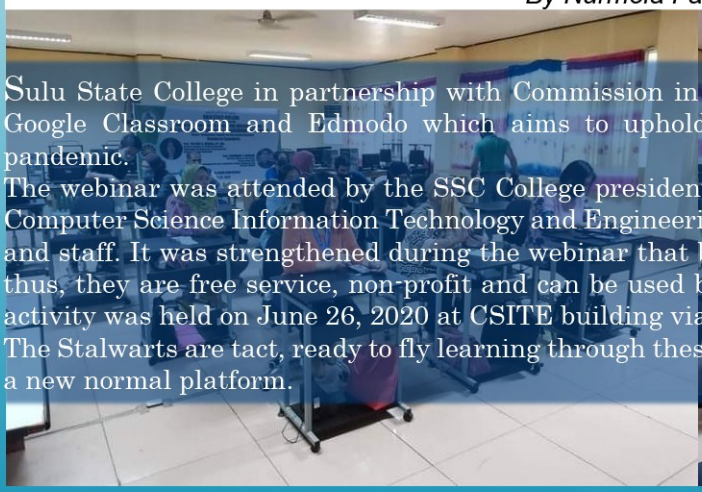
The "Training-Workshop on Capacity Building of School Administrations in Sulu for the new normal Education Landscape for batch A and B" with 80 participants was held on September 5 and 12, 2020 at SSC Multi- purpose, Gymnasium, Walled City, Jolo, Sulu. Led by an expert, online generation technique for new normal Education in pursuing Education was discussed.

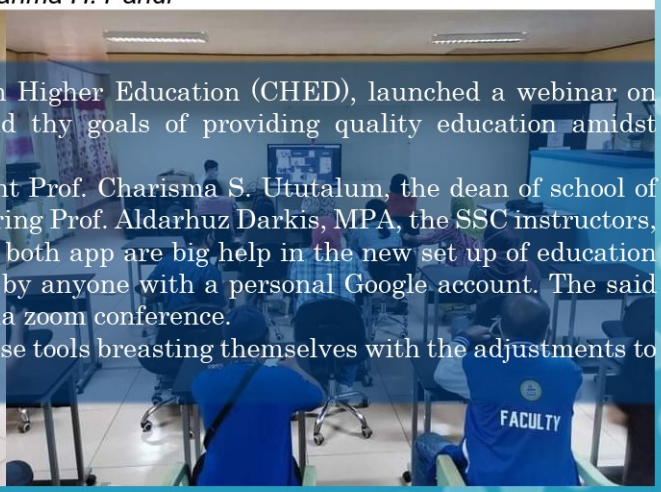
It is a training-workshop for school administrators of the department of Education, Ministry of Basic Higher and Technical Education (DEpEd MBHTE), conducted by Sulu State College School of Computer Science, Information Technology and Engineering (CSITE).

Due to the pandemic, they found out this so-called 'New Normal Education' to pursue education in exchange for traditional learning or the face to face classes, and declared the use of technology that is essential to pursue education in the middle of the crisis. With the help of the following materials such as Google meet, Google classroom, Zoom for this new normal education, we still learn as one and can pursue education

Google Classroom: A New Learning Avenue

By Nurmela Fahma H. Pandi





Sulu State College in partnership with Commission in Higher Education (CHED), launched a webinar on Google Classroom and Edmodo which aims to uphold thy goals of providing quality education amidst pandemic.

The webinar was attended by the SSC College president Prof. Charisma S. Ututalum, the dean of school of Computer Science Information Technology and Engineering Prof. Aldarhuz Darkis, MPA, the SSC instructors, and staff. It was strengthened during the webinar that both app are big help in the new set up of education thus, they are free service, non-profit and can be used by anyone with a personal Google account. The said activity was held on June 26, 2020 at CSITE building via zoom conference.

The Stalwarts are tact, ready to fly learning through these tools breasting themselves with the adjustments to a new normal platform.



Dr. Charisma Ututalum, CESE, inspired the students with her motivational speech

SSC Upholds First Virtual Recognition Amidst Pandemic

By Analyn Limpasan



Sulu State College (SSC) upheld its first virtual recognition spearheaded by the Dean of Student Affairs for the school year 2019-2020 on November 11, 2020 via online platform on facebook page Student Services – Sulu State College.

The recognition was proclaimed to be held virtually due to the risk of COVID-19. Mr. Saurajan Darawi, Dean of the Student Affairs, took charge in voicing over the virtual recognition that lasted for less than an hour. The program started with a doxology from Abdulmahbud Sariol, secretary of Central Student Government.

Dr. Charisma S. Ututalum, CESE shared her inspiring message for the graduates partaking in the ceremony. She reiterated the value of pursuing education in the middle of crisis and use it as their motivation to withstand the struggles and challenges brought by the current situation.

" May this recognition day serves as an inspiration and motivation to our dear students to be more of themselves. To be better in their field with passion and dedication," Dr. Ututalum said.

The SSC's first virtual recognition featured 83 awarded students for their excellency in the field of academics. 101 students received a non-academic award for their perseverance in the field of leadership, student services, sports athlete, cultural award, ABA award, journalism and internship award. The awarded students came from the different school's organization.

"This may serve your purpose to educate and lead your fellow constituents for the betterment of the institution," Dr. Ututalum said.

" Most importantly, consider this as a collective responsibility you will adhere to our province," Dr. Ututalum added before she ended her speech.

The SSC's recognition ended in awarding the excellent students of the school year 2019-2020. Mr. Darawi left the students with his words of inspiration as they are taking a step forward to their new stage of learning.

"Your talent, whatever it is, is a gift, a blessing, be grateful. Give your wings a meaning by making people happy," Mr. Darawi ended.



FRESHIES Virtual Orientation

By Nurmela Fahma. Pandi

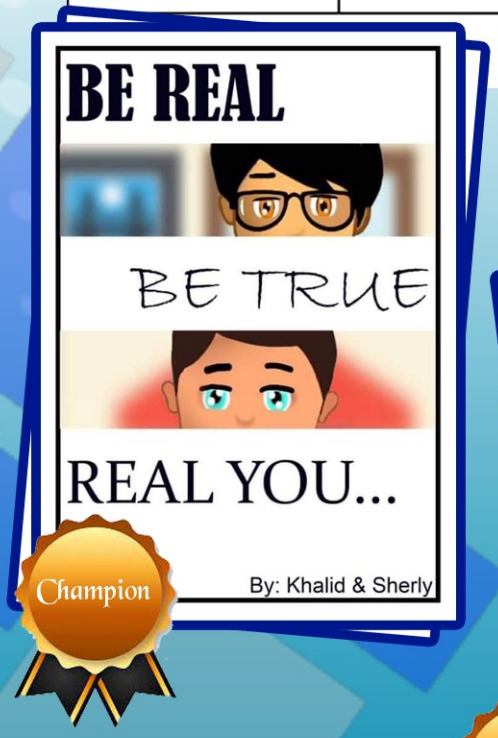
This year's freshmen orientation was conducted via Facebook live on October 5, 2020 hosted by Mr. Firash Zhed S. Ututalum. During the virtual orientation, students were made aware of the school's policies.

Students were also introduced to the online administration, online library and telecom counseling. Vision and mission of the school were presented in the video presentation. The president of Sulu State College, Prof. Charisma S. Ututalum, welcomed the freshmen to the school and stressed that students need to get their bearings in their new home.

Discussants like Ms. Alfrida Abbang, RN, the school nurse shared about health services of the institution. Hja. Putli Tagayan, the college librarian, also shared about the services offered by the college library amidst the pandemic and there were some short discussions as well about guidance and counselling by the college guidance counselor Ms. Fhadzra Aisha Sabdani. Like any face-to-face orientation program, virtually, the freshmen were toured at the different school's department. The deans had their speeches and introduced their own faculty members.

The SSC dominated the contest as all of the entries won. The following were the entries of SSC;

Title of E-comic	Artists	Place	Prizes
"Be real, Be true, Real you"	1. Moh. Khalid S. Ladjaanan (BS Nursing) 2. Sherly M. Salihuddin (BS Nursing)	Champion	Php 10,000 with Award Certificate
"Lamang ang May Alam"	3. Mudzramin Adjari (BSED) 4. Moh. John Tanjilul (BEED)	1st runner up	Php 7,000 with Award certificate
"Eroplanong Gabay When You Buy"	5. Aldam J. Sawadjaan (BS Nursing) 6. Fatimah Durum P. Jilah (BS Nursing)	3rd runner up	Php 2,000 with Award Certificate







CONTINUE OF PAGE 10


g Wikang Pambansa Agosto 202
School of Education
Buwan ng Wikang Pambansa Agosto 2020
School of Biological Sciences
SCHOOL OF BUSINESS ADMINISTRATION
Buwan ng Wikang Pambansa Agosto 2020
SSC- School Of Busines Administration
Dean Of Nursing
FACULTY
SSC-School of Nursing
WELCOME
UP ACCREDITORS
ADMINISTRATION
SULU STATE COLLEGE
School of Computer Science, Information Technology and Engineering (CSITE)
WELCOME
Guests and Participants
Training Workshop on Capacity Building
of School Administrators in Sulu for the New
Normal Education Landscape
STUDENT SERVICES
SCHOOL OF ARTS
LANJAL KAMU!
CHARTER PRESENTATION

#ONESSC


Buwan ng Wikang Pambansa Agosto 2020
Sulu State College
ADMINISTRATION
SCHOOL OF ARTS AND SCIENCES
Laboratory Hi

Feature

"The New Beacon through the Voyage of Sihnag"

By Alkhamar Saddalani



ADAWIA EMBRACES HER NEW ROLE

Have you ever been amazed by how creative and organized your school magazine is? Or have you ever been mesmerized by its meaningful cover page? Ever been in awe by the near perfect grammatical usage of each and every article inside? If yes, then do not just give appreciation to the writers or staffers behind those masterpieces,but discover that one person behind it all the - adviser

Cont. on page 21 & 23

"A History Made in the Brink of Pandemic"

By Alkhamar Saddalani



VPAA Dr. Darkis Assumes the First Ever Presidency of ICpEP-BARMM

Dr. Darkis in her 41 years, is the current Vice President for Academic Affairs of Sulu State College and her appointment as the president of ICpEP-BARMM seems to mark the fulfillment of two from the SSC's vision- to be the center of excellence in BARMM and as an institutional steward in the development of the region.

Cont. on page 22-23



Being School Paper Adviser (SPA) must be a herculean task for you have to carry the name of the publication with you, be responsible for every mistake any staff will make and take part in almost everything the publication has to do and just recently, these tasks had just been lodged to a gritty woman as she bravely accepted the advisership for Sihnag publication. Want to know something incredible about this dauntless woman? Then keep on reading and be inspired.

She is none other than Mrs. Adawia Jamasali-Alibasa, 27, born on April 18, 1993, and a native of Pangutaran, Sulu. She is a lovely daughter of Mr. Aldren Jamasali and Mrs. Satra Jamasali. She is a firm believer of her motto "Keep doing what you love as long as you are not violating any law or hurting any individual. Keep doing good".

She finished her elementary educationat Mohammad Tulawie Central School, a graduate of MSU – Sulu Laboratory High School, and an alumna of MSU – Marawi that took up AB English where she graduated Cum Laude in 2014 and immediately practiced teaching at the same institution after graduating.

In 2018, Mrs. Alibasa moved here to Jolo with her husband and once became an English instructor at NDJC. After a year, she went back to Marawi City and focused on her acquisition of master's degree where she took up Master of Arts in English Language Studies (MAELS) at MSU – Iligan Institute of Technology. After graduating, she then flew back to Jolo, ventured and found "luck" here in Sulu State College for she was immediately hired during the middle of the semester in December 2019. While waiting for the opening of the next semester, she served as a non-teaching personnel at the office of the president where she used to write the President's speeches. Finally, in the first month of 2020-January, she was tapped to teach English courses on the Arts and Sciences Department. She considered 2020 as lucky year for her for she had received a number of great opportunities in her career. She pursued her Doctor of Education degree on June 2020. Most of all, she was designated to fill in the vacant position for Sihnag adviserships.

"I was appointed by our College President, Ma'am Charisma S. Ututalum. Before me it was Sir Khaizar H. Barrie. He assumed the office for maybe two months after Ma'am Armina S. Escribano." said Mrs. Alibasa when asked how did she become the new Sihnag adviser. "He (Sir Khaizar) is now the chairman of Language Department in the School of Arts and Sciences. So when the Sihnag office was vacant, Ma'am Charisma designated me the new adviser of the Sihnag, it was on October 2020." she added.

"Quite difficult" how she found being the Sihnag adviser. "At first, when I was given the task to be the Sihnag adviser, I was speechless. Because at first, I had no idea what to do and I had no idea what does a Sihnag adviser has to offer." shared Mrs. Alibasa. Apart from that, she was accordingly speechless for she was facing that time the highest person in SSC (Ma'am Charisma) whom she can never dare refuse. "What I saw there is the huge trust that she has given me. That's one thing I really valued most during that moment. So during our conversation, when she designated me to be the adviser, despite of the doubts in my mind, I told myself, I really can't say no to this person. The fact that I was trusted this key position is already a gift and a blessing." she recounted. Despite how perplexed she was then, "Yes" was what she managed to say. As for being a newbie and inexperienced in field she is currently in, Mrs. Alibasa went through adjustment period.

During her preparation as the newly-entrusted adviser, this groping dame in the middle of confusion was guided accordingly by her so called "mentors". "My preparation period was quiete fun…I could say fun and exciting. I first asked pieces of advice from mentors, so with their ideas, with their guides, suggestions,.. I compiled it all then I tried to make a direction and then finally finalized a plan and then I executed it. I have to gather the new staffers, I really did a plan, so when I had a finalized plan that's the time I executed it so I came up with qualifying exam for both the old members and the new members. The same way, I also did the same with Sulu Pearl" our subject matter proudly said.

During her term as the adviser, Mrs. Alibasa envisions Sihnag as well as its staffers to be something beyond what they are expected of. She has lots of plans for the publication that we could all agree something crucial and beneficial. "Right now I have so many things in my mind. Yes, I have goals for my staffers. For instance, I added during my term that we will have a regular meeting monthly. And then we can call emergency meetings if necessary and during the regular meetings, I will add educational input. This is for the benefit of my staffers" she happily told. Mrs. Alibasa also mentioned "During my term, I don't want them to be just carrying their positions around the campus. For me, I want them to have more than just the position that they could carry for a lifetime, that even after their term as Sihnag staffers, they can apply that wherever". She plans teaching basic grammar for writing and instilling basic public speaking skills to enhance the skills of each and every staffer in both areas. She also added that in those ways, her love for her staffers can be expressed.



And when asked a miss universe-inspired question, "What is the essence of being a School Paper Adviser?"

Cont. on page 23

Dr. Darkis in her 41 years, is the current Vice President for Academic Affairs of Sulu State College and her appointment as the president of ICpEP-BARMM seems to mark the fulfillment of two from the SSC's vision- to be the center of excellence in BARMM and as an institutional steward in the development of the region. This hardworking and affable woman was once the dean of graduate school for seven years at the very young age of 26 which truly proves how dedicated and diligent she is in each of her work.

Last December 28, 2020, a privilege was given to me when I got the chance to have a short interview with her regarding her new post and the organization she currently leading.

1.What is this ICpEP all about?
"ICpEP or Institute of Computer Engineers of the Philippines Incorporated is a registered non-profit professional organization of Computer Engineers, managed by the elected National Board of Governors from different regions in the Philippines and Foreign-based. It envisions itself as the foundation of world class Filipino Computer Engineers and the motivator of interest towards excellence in computer engineering. It works hand in hand with the Commission on Higher Education (CHED) to ensure quality education of its graduates".

2. What are its benefits to our school and to BARMM in general?
"Generally, ICpEP offers vast opportunities to every member both professionals and students on the following areas: Professional development resources to enhance skills and knowledge and to stay up to date on changes within their field, Training and Education, and Networking and Mentoring. Just last few months, majority of our faculty from school of CSITE have attended in the series of webinars provided by the ICpEP on the latest trend of Programming and Technology. They also offer certifications - the Professional Computer Engineers (PCpE) and Certified Computer Engineers (CCpE) for the first time, out of 284 certification grantees through out the Philippines, six of us are from BARMM Region-four were granted as Professional Computer Engineers (PCpE) and Two were granted as Certified Computer Engineers (CCpE), all of us are Faculty of Sulu State College".



3. How did you become the president of this organization? And how does it feel?



Dr. Darkis recounting her successful endeavor on establishing the ICpEP-BARMM.

"Actually, there were several failed attempts in creating the ICpEP Chapter in our locality. It started way back 2015 by other members. Last June 2020, we have initiated once again the creation of ICpEP-BARMM Chapter with different members through the encouragement of some of our faculty and friends who are active members of ICpEP. So I spoke and asked help from other regional chapter president of ICpEP including the national president on how we can successfully create the regional chapter of ICpEP in our region. Then on September of this year (2020), after we have completed all the necessary requirements, the national board of governors of ICpEP granted our request to create and duly recognize the ICpEP-BARMM Regional Chapter and eventually the members entrusting me the Presidency. Of course, I am humbled by their support and thankful for the confidence in electing me as the first President of ICpEP BARMM Chapter".

4. What are the project(s) / program(s) you have implemented or currently proposing under this organization?
"Currently, we are working for a collaboration with ICpEP Singapore and hopefully co-sponsoring International conferences where our faculty can present their research work and academic exchanges in areas of joint interests, we will be launching the student edition of ICpEP BARMM starting this second semester and we will be holding also our first regional conference, trainings by the first or 2nd quarter of 2021".

5. Is there any pressure working as the president of this organization as well as being the VPAA of our school?
"Any work can have stressful elements, even if you love what you are doing. At some point, you will experience pressure to meet a deadline or to fulfill a challenging obligation. So every time I am faced with pressure-either as President of the organization or as VPAA of our school-I just thrive on it. I motivate myself to do my best and perform successfully."

6. Any message to our students?
"Dear students, our beloved school-Sulu State College and the world are facing time of uncertainty and physical distancing and I appreciate your understanding and flexibility as the situation continually changes. And, no matter what happens this year, be proud of yourself, your resilience, and your ability to adapt to extreme circumstances. I am looking forward to see you inside your classroom having face-to-face classes with your respective faculty. For now, we are committed to open communication, providing the best resources for you and your parents and to being together and supporting one another

cont on page 23

CONTINUE OF PAGE 21

And when asked a miss universe-inspired question, "What is the essence of being a School Paper Adviser?" she confidently answered "I believe that the essence of being a Sihnag adviser is to guide my staffers. When I say guide, it is not just about writing articles, producing magazines. For me, as advisers, we also have to give our staffers lifetime teachings. For instance, we teach them how to deal with deadlines, pressures in life, problems, struggles. We teach them how to cope with those things". This smart and comely lady also wants to be a motivator and a mother figure to her staffers. Keeping their dreams always alive, plant them love, being the light to their darkest times, teach them not to be selfish are few from her roles as an adviser. "So those are the things that I think are the essence of being an adviser, we have to equip them with those things so that they can function not just simply a writer but as a good individual and a God-fearing person too." she continued.

Furthermore, aside from her role in Sihnag, Mrs. Adawia also joined our school's Toastmasters International Club where she got elected as the club secretary. She is also the current adviser of Sulu Pearl, the organization that manages the production and distribution of the school's yearbook. Her participations in these various organizations only prove how active and trusted she is. Of course, despite how plethora and formidable her responsibilities are, her beloved family is her strong support system where she constantly gets her courage and strength to fulfill her duties everyday. This includes her inspirations-her two little boys aged 3 years and 9 months, respectively.

In the last portion of our interview, I asked Mrs. Alibasa to give a message to the editorial board of Sihnag. And these are the exact words she said in her inspiring remarks

"I have three things for my editorial board. First, I am thankful to God for giving me this batch because I could say that this batch is composed of good people, not just good students but good people. I'm also thankful to God for granting my wish. Before I gathered my editorial board, I really prayed to God, I said sana in mga satffers ko mababait at the same time matalino, maaasahan and then I also had this craving which is an unexplainable ingredient that I am looking for, I really cannot say that into words if what am I really looking for in the staffers, but Alhamdullillah, I found it in everyone in my new staffers so I am really thankful to God for that. Second, I appreciate my new staffers. I can see their determination, I can feel their respect, I can sense the goodness in them such that even if I don't know them yet right now because we only met for a few times but I believe in the idea of we can feel the spirit of good energy so I really appreciate them. I appreciate them for showing those good things and I hope they continue being that kind and humble people. Third is that I would like to tell them to be patient all the time. I know they are patient already with me and the tasks from the beginning but I would like to tell them that, that kind of patience should always be there in them even after their term in Sihnag because life is really hard. We always face challenges and struggles so the kind of patience that we have has to be leveled up. It should beat the level of difficulty that we deal in life. So to my staffers, I hope you will always be strong. If you are strong right now, be stronger and conquer the world".

There you have it! You have just discovered something significant about our school paper's newly designated adviser that will serve as the new guide and light of hope to every staffer of Sihnag as they paddle off their boat in the vast ocean of doubts, uncertainty and complexity to seek for truth to publish.

CONTINUE OF PAGE 22

virtually.
Please know that I personally, together with our president (and all your, faculty, deans, and other supporting staff as well) care deeply about your individual well-being and your educational needs remain our top priority. Keep safe and stay healthy."

The said chapter was officially recognized nationally last November 19 2020, the same day the chapter officers which were all SSC faculty had their oath taking. Dr. Darkis was also appointed as the 2021 ICpEP-National Board of Governor for BARMM specifically assigned as the Chairman of Local Affiliation.

Indeed, these amazing endeavors and achievements of our very own VPAA truly are honor and pride of our school. These only solidify our claim that SSC is a strong, competent institution that can make a difference no matter what setbacks may it face. It remains progressive and moving forward even in times of pandemic.

Newly- Opened Beaches In Sulu

By Sherly Salihuddin & Bennazir Angsa

Did you know that Sulu is a wonderful place in the country? Are you aware that Sulu has a lot of breathtaking beaches and resorts? Or are we just wasting our time inclined what other place has. Let's embrace our own treasure, let's feel and see the hidden beauty of Sulu.

If you're looking for the most pristine and unspoiled beaches with crystal clear waters, and instagramable views, come and visit Lupah Sug and explore the hidden beauty of it.

Deciding on which beach to visit and planning an itinerary are two of the hardest things to do. That's why we've come up with this list to help you find the best beaches to add to your bucket list.



Mang Sali Beach
Location: Brgy. Tumangas, Parang, Sulu
Entrance fee: 10 pesos
Ride from town: 30 minutes



JB's Beach Resort
Location: Buhangin Mahabah Tanduh Bahgua, Patikul, Sulu
No entrance fee

Credits to Nursidan Mukattil Photography

Mamita Monyeka Beach
Location: Siet Higad, Panamao, Sulu
Entrance fee: 10 pesos
Ride from town: 2 hours



Bitih Beach
Location: Brgy. Bon-Bon, Patikul, Sulu
No entrance fee
Ride from town: 45 minutes





Tanduh Beach
Location: Brgy. Tumangas, Parang, Sulu
No entrance fee
Ride from town: 30 minutes



Biraddali Beach
Location: Brgy. Tumangas, Parang, Sulu
Entrance fee: 10 pesos
Ride from town: 30 minutes



TOWARD A GREAT LUMINOSITY AND LEADERSHIP

Sulu State College is the first institution in Sulu to establish a Toastmaster International Club. Toastmasters Club International's office is at Englewood, Colorado, USA. It is a non-profit educational organization that works worldwide for their purpose to teach and improve communication, public speaking, and leadership toward individuals.

Sulu State College established Toastmasters Club as a part of its development. The Sulu State College Toastmasters Club aims to cope with competitive world and let the Sulu province be recognized internationally.

Sulu State College Toastmasters Club Charter President Mr. Firash Zhed S. Ututalum, gave some views about what Toastmasters Club really is.

Because of the dynamic President- Dr. Charisma Ututalum, CESE, the Sulu State College Toastmasters Club (SSCTMC) was established. It was chartered on October 1, 2020. Back when she was studying at Education of Management, she witnessed Toastmasters Club meetings. She was really surprised and amazed on what they do.

And, when she became the president, she made the people around her experience the Toastmasters Club because she really wanted them to improve. She desires to develop the college faculty of Sulu State College and for them to be well-equipped in terms of public speaking. These can only be done through the Toastmasters Club. And for the four (4) months being a member of the Toastmasters Club they met their platform as they enhanced their public speaking skills and leadership skills.

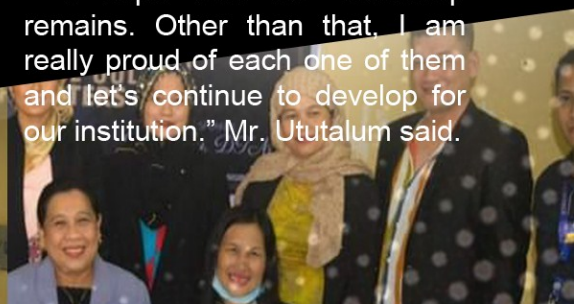
Toastmasters Club basically is an educational international club that cater speaking skills, enhance leadership skills through a worldwide network of club. So, throughout the globe, and all over the Philippines there are established Toastmasters Clubs. Enhancing their skills in public speaking and leadership skill, they conduct meeting twice a month. Throughout the meeting, the members present according to the roles assigned to them. They have prepared speech, and many more roles and activities that can help them to improve. Also, one of the best things about being a member of the Toastmasters Club is that they can join other Toastmasters Meetings like in Davao, GenSan, Los Banos University of the Philippines and every part of the Philippines even internationally like Toastmasters Saudi and Switzerland, and other countries that is open for TMC member.

Because of the pandemic, the membership process of the SSCTMC experienced hardship because of the internet connection. They connect virtually with their evaluators.Their membership is good for only six (6) months and the members can renew after the period of six months.

Toastmasters Club is open to all without any qualifications as long as you are willing to learn. For now, SSC is opening membership first for the Sulu State College only. Maybe in the future, they will be able to open it to other organizations or institutions. Mr. Ututalum noted that maybe soon they can invite guests from outside of the SSC so that they can experience the Toastmasters Club Meeting and also for them to see the benefits and to have more connections with other schools or organizations.

"I hope that our friendship remains. Other than that, I am really proud of each one of them and let's continue to develop for our institution." Mr. Ututalum said.





To My Man

Written By: Ranyessa S. Sencio

This poem is for the most handsome guy in the whole wide world,
You are my mighty knight without an armor or a sword,
My marvelous hero without a cape or a power,
My thoughtful prince charming and my "Happily ever after"

I feel so lucky, blessed, and grateful to have someone like you
A man so respectful and faithful, you are a man so true,
A man who gives me courage and helps me overcome my fears,
A man who's a real believer, you are a man so sincere

A man so patient and forbearing despite my shortcomings,
Who guides me and corrects my mistakes with a tone so loving
A man so warm and understanding even at my worst mood,
Who can handle my tantrums and would ask "Do you want some food?"

He who accepts not just the best in me but also the worst,
He who makes my heart melt with so much love, it might even burst,
He who has a great sense of humor and always makes me laugh,
He who showers me with love and care that are more than enough

Untamed Feelings

Written By: Farwina T. Akdam

Each day passed by,
My feelings for you won't go by
No matter how I deny,
It's still there I don't know why

Looking at you seems fine,
But talking to you I think I could die
And every time I lie,
You just answer it with a smile

We've been together for so long,
That somehow I thought we belong
Our bond were too strong,
Thought it could never go wrong

Everyday I get tired,
Thinking of ways on how to confess
Yet every time I tried,
You always have ways to let it pass.

Untamed feelings of mine,
Getting stronger each day
And when I finally say,
You just turned your back at me.

It hurts to accept what you did to me,
But I'm glad you never said anything to stop me
Because no matter how much it pained me,
I'm still happy with this untamed feelings of mine

"SAKIT DIMATUNG"

Isinlat ni: Amilyn Yusop

Awn kunuh sakit gimuwa ha China in parsababan nagtagna
In hula nahilu hala, in parinta nagtugila
Katan tao magtabun facemask iban faceshield in usalun
Bang natuh talih taliun kailu tantu makaulung

Hangka pigsik laway hadja sakit COVID ma awn
Bihaun habal dakula awn na sab dimatung
Amun sakit UK variant pag-iyanun
Bang doktol in pabissarahun, labi makusug in yaun

Dagan sin sakit maluhay lumatun
Manusiya makaulung hangkan in subay natuh hinangun
Pag-ayad pa unahun patumtum pa tuhan tantu pahupun
Daakan niya subay agarun
Sabar iban iman in pakusugun

Scars of Yesterday

Written by: ZXwY

In the narrow room full of darkness
My mind is wandering to find calmness
Sadness that's engulfing my body full of coldness
Makes my eyes want to cry in silence

I still remember those days where everything is flawless
The days where white is spotless
The days where glass is still a whole piece
And most especially the days where my heart is not scattered into pieces

While standing in front of the mirror
I looked at myself in horror
Body full of black and white colors
With an emotionless eyes darting towards my heart full of scars

I looked at myself and ask if this is really the end
Because honestly I don't want it to end like this
I want to fight and get out from this shadow
So that I can be free from the sorrow

My hopes that once shattered into pieces
Begin to form again to get me out of the darkness
Shadows that almost killed my light
Begin to fade away stating that I'm ready for another fight

My heart once shattered into pieces
It took me into depressions
But I will not stay silent 'cause I will use this scar as a protection
In order to be a champion and become a better person

Now I know what this all these things are for
This pain that once crushed me
Brings hopes and light on my broken soul
In order for me to be whole again

CHEMISTRY OF LOVE

Written By: Dhel J. Sabtula

My love for you is like an element
It is simple and ferment
You've created an attraction
Which has led to manifestation

Never have I imagined that things would end like this
For I never made even a single analysis
My mind is completely diffused
And now I'm definitely confused

I'm afraid for our love to fall apart
And for catalyst to take its part
For I'm completely mixed up
Like bubbling of particles that wouldn't stop

You showed me love so tender
That my nucleus had grown fonder
Now I let myself surrender
For your love, and that's a wonder

Now I let myself drift off
As the sun of south run soft

"Bangun kaw, Lupah Sug!"

Isinulat ni: Morsalyn Pailan Harun

Bismillah in tagnaan, In shaa Allah pasunuran
Salam iban kasilasa, hipasaplag kaniyo katan
Tarasul iban daman, ayaw maghaman haman
Yari in mga kabtangan, hipamatih katuh niyu katan

In gawih mamatih pa hulah natuh tug-batih
Kita na in maingat manalih, hal sin hulah sung na mabalih
Hulah gagandilan, subay dih pasaran
In ngan subay ayaran hasupaya dih katamakan

Lupah sug bangon na kaw daing ha kulangan
Pagpaulih kaw daing ha kalammahan
Hi siyu pa in tumabang bang dih pagtaayunan
Tuyuan pabangunun in hulah gagandilan

Hula kalasahan bukun na biyah dunhan
In ini pamintangan ha sila ha laum kalaungan
In hulah way na tunaan, ha laum na adja kabinsanaan
Hangkan subay pagtabangan ibalik in kahanungan

Subay kita mag-saddiya pa lutuanan ta pa adlaw akhirah
Makasusa in jimato pa hulah ta, in dimatung bala sadja
Lupah sug, hulah sin maiisug iban na sin madudurug
Hulah sug kalasahan, hulah sin mga gagandilan

Bang ta silangun bidda' na in nakauna iban sin bihaun
Ha laum sin pila tahun, in ngih ha laum hulah magduruhun
Kita manusiyah in sabab sin katan kahiluhalaan
Hangkan subay kita da isab in huminang sabab sin kahanungan

Lupah sug pabangunun pagtaayunan paangkatun
Hibalik in kahanung ha wala' pa dimagpak in pagsusun
Lupah sug, hulah sin gagandilan bukun mga tao bugaan
Mangatas tumindug ha pantayan ha bat dih kalungkupan

Mahuli in tarasul ko mamaid na dii patubtubun ko na
Kabtangan ko mamarahi na
Hipanghimatih pa raayat ta
Pagsarang-sukulan ta in dunya tibuuk pa
Ha wakto malanyap na, way na mahinang ta

Kasalanan Bang Maging Marupok?

Isinulat ni: Analyn E. Limpasan

Ako'y isang bisirong iyong natagpuan,
Sa tahimik na paraiso'y iyong sinunggaban.
Minsan mong sinugatan ang aking kalamnan,
Minsang inihatid sa takot at kadiliman

Nagdaan ang araw ngunit hanap kita,
Muling binalikan ang paraiso nang mag-isa
Hinintay ang araw na yakapin ang lupa,
Habang umaasang makita ka sinta

Kalokohan man na ibigin ka pa,
Sa kabila ng matutulis na pangil mong dala
Ibibiging magparaya, datnan man ng sigwa,
Sa huli'y mananaig na minamahal kita

"Binibini, Ano ang Iyong Pangalan?"

Isinulat ni: Kawaii Chy

May nahagip ang aking mata,
Isang dalagita
Na nakatitig sa aking mata
Ang oras ay huminto parang
May sariling mundo
Sa mundo na walang ibang tao.

Ako ito'y nagtaka,
tila may naramdamang kaba,
Sa marahuyo nyang tingin
Unti-unti nyang pinawi ang kanyang paningin,
At ako naman itong Walang kibo
na nakatitig Parin

Ninais ng puso kong itanong sa kanya
"Binibini, ano iyong pangalan?"
Tila naging pipi at pinagmasdan
Na lamang sya papalayo sa akin
Hanggang sa nawala na sya sa aking paningin

Umaasang balang araw,
Ikaw at ako ay magkatagpo
At sa sandali na iyon,
Lakas loob kang haharapin at tanungin
Ang mga salita at kataga na ito.
"Binibini, ano ang iyong pangalan?"

Science ar

CORONAVIRUS

Compiled by Bennajar Angsa

Coronaviruses have been causing problems for humanity for a long time. Several versions are known to trigger common colds and more recently two types have set off outbreaks of deadly illnesses: severe acute respiratory syndrome (Sars) and Middle East respiratory syndrome (Mers).But their impact has been mild compared with the global havoc unleashed by the coronavirus that is causing the Covid-19 pandemic. In only a few months it has triggered lockdowns in dozens of nations and claimed more than 100,000 lives. And the disease continues to spread.

That is an extraordinary achievement for a spiky ball of genetic material coated in fatty chemicals called lipids, and which measures 80 billionths of a metre in diameter. Humanity has been brought low by a very humble assailant.

On the other hand, our knowledge about the Sars-CoV-2, the virus that causes Covid-19, is also remarkable. This was an organism unknown to science five months ago. Today it is the subject of study on an unprecedented scale. Vaccines projects proliferate, antiviral drug trials have been launched and new diagnostic tests are appearing.

The questions are therefore straightforward: what have we learned over the past five months and how might that knowledge put an end to this pandemic?

Where did it come from and how did it first infect humans?
The Sars-CoV-2 virus almost certainly originated in bats, which have evolved fierce immune responses to viruses, researchers have discovered. These defences drive viruses to replicate faster so that they can get past bats' immune defences. In turn, that transforms the bat into a reservoir of rapidly reproducing and highly transmissible viruses. Then when these bat viruses move into other mammals, creatures that lack a fast-response immune system, the viruses quickly spread into their new hosts. Most evidence suggests that Sars-CoV-2 started infecting humans via an intermediary species, such as pangolins.

"This virus probably jumped from a bat into another animal, and that other animal was probably near a human, maybe in a market," says virologist Professor Edward Holmes of Sydney University. "And so if that wildlife animal has a virus it's picked up from a bat and we're interacting with it, there's a good chance that the virus will then spread to the person handling the animal. Then that person will go home and spread it to someone else and we have an outbreak."

How does the virus spread and how does it affect people?

PROTECT YOURSELVES FROM COVID-19

Compiled by Aldimar D. Taha

Follow the guidelines to help protect yourself from contracting and transmitting SARS-CoV-2.

1. Wash your hands frequently and carefully
Use warm water and soap and rub your hands for at least 20 seconds. Work the lather to your wrists, between your fingers, and under your fingernails. You can also use an antibacterial and antiviral soap.

2. Avoid touching your face
Avoid touching any part of your face or head, including your mouth, nose and eyes. Also avoid biting your fingernails. This can give SARS-CoV-2 a chance to go from your hands into your body.

3. Stop shaking hands and hugging people - for now
Similarly, avoid touching other people. Skin-to-skin contact can transmit SARS-CoV-2 from one person to another.

4. Don't share personal items
Do not share personal items like phones, make up and combs. It's also important not to share eating utensils and straws. Teach children to recognize their reusable cup, straw, and other and other dishes for their own use only.

5. Cover your mouth and nose when you cough and sneeze
This means it can be carried by air droplets to other people when you cough, sneeze, or talk. It can also land on hard surfaces and stay there for up to 3 days. Use a tissue or sneeze into your elbow to keep your hands as clean as possible. Wash your hands carefully after you sneeze or cough.

6. Clean and disinfect surfaces
Use alcohol-based disinfectants to clean hard surfaces in your home.
- Countertops
- Door handles
- Furniture
- Toys

Also, clean your phone, laptop, and anything else you use regularly several times a day.

7. Take physical (social) distancing seriously
Physical (social) distancing, also means staying home and working remotely when possible. If you must go out for necessities, keep a distance of 6 feet (2 m) from other people. You can transmit the virus by speaking to someone in close contact to you.

nd Health

Virus-ridden particles are inhaled by others and come into contact with cells lining the throat and larynx. These cells have large numbers of receptors – known as Ace-2 receptors – on their surfaces. (Cell receptors play a key role in passing chemicals into cells and in triggering signals between cells.) "This virus has a surface protein that is primed to lock on that receptor and slip its RNA into the cell," says virologist Professor Jonathan Ball of Nottingham University.

Are we protected for life if we get infected?
Doctors examining patients recovering from a Covid-19 infection are finding fairly high levels of neutralising antibodies in their blood. These antibodies are made by the immune system, and they coat an invading virus at specific points, blocking its ability to break into cells.

Why should people wear mask during covid 19 pandemic?

Masks are a key measure to suppress transmission and save lives. Masks should be used as part of a comprehensive 'Do it all! ' approach including physical distancing, avoiding crowded, closed and close-contact settings, good ventilation, cleaning hands, covering sneezes and coughs, and more.

What is the contribution of alcohol during covid 19 pandemic?

Consuming alcohol destroys the virus that causes COVID-19. Consuming alcohol will not destroy the virus, and its consumption is likely to increase the health risks if a person becomes infected with the virus. Alcohol (at a concentration of at least 60% by volume) works as a disinfectant on your skin, but it has no such effect within your system when ingested.

www.who.int › q-a-detail › coronav...
Coronavirus disease (COVID-19):

HEALTHY FOODS TO PREVENT COVID 19

Compiled by Aldimar D. Taha

Proper nutrition and hydration are vital. People who eat a well-balanced diet tend to be healthier with stronger immune systems and lower risk of chronic illnesses and infectious diseases. So you should eat a variety of fresh and unprocessed foods every day to the vitamins, minerals, dietary fiber, protein and antioxidant your body needs. Drink enough water.
Eat fresh and unprocessed foods every day

• Eat fruits, vegetables, legumes (e.g. lentils, beans), nuts and whole grains (e.g. unprocessed maize, millet, oats, wheat, brown rice or starchy tubers or roots such as potato, yam, taro or cassava), and foods from animal sources (e.g. meat, fish, eggs and milk)

• Daily, eat: 2 cups of fruit (4 serving), 2.5 cups of vegetables (5 servings), 180g of grains, and 160g of meat and beans (red meat can be eaten 1-2 times per week, and poultry 2-3 times per week).

• For snacks, choose raw vegetables and fruits rather than foods higher in sugar, fat or salt.

• When using canned or dried vegetables and fruit, choose varieties without added salt or sugar.

• Do not overcook vegetables and fruits as this can lead to the loss of important vitamins.

• Water is essential for life. It transports nutrients and compounds in blood, regulates your body temperature, gets rid of waste, and lubricates and cushion joints.

• Drink 8-10 cups of water everyday.

Source:
http://.www.healthyphilippines.healthyline.com.

HIKMAH BEHIND COVID-19 PANDEMIC

By Fatima Marniza N. Rene

It's been a year since the covid-19 pandemic attacked the whole world that gave the biggest impact to us. It killed thousands of people and it also changed our lifestyle, gave a great impact towards our finances, and changed our ways of learning. All mosques were closed, Islamic schools too were closed. And you know what's worst? This covid-19 pandemic separated us from our loved ones and also changed one of our important ways of communication, which is the verbal communication. In other words, this covid-19 brought changes to us.

Have you ever wondered what this pandemic is all about? Have you ever asked yourself when this will end? Are you also one of those people who asked if it brought something good to us or it's just brought us calamities that makes us suffered? What is really the hikmah or wisdom behind this covid-19 pandemic?

As they say "everything happens for a reason". Indeed! Since covid-19 appeared, everything has changed, not only our ways of communications or finances, but everything from how we act or how we live. Don't you think that this pandemic also brings good to us? There's also a "hikmah" behind this covid-19. Haven't you noticed that since its existence, our bond between our loved ones became strengthened? Okay let's go back to the past where there was no covid-19. Our lives only revolved around our work, schools, and activities. Let's just say that we are at home but because we are so busy we didn't notice that we are also losing our time on our families. But during this time of isolation, we reconnect again with our loved ones in personal or in social media, we maintained our bond with them.

Aside from reconnecting to our loved ones, we also reconnect with our creator Allah Subhanah Wa Ta'ala. We should put in our minds that this pandemic is just only a test and also a reminder to us in order for us to get closer to Allah Subhanah Wa Ta'ala. And as a believers, we should think that this is indeed a blessing from Allah because it leads us back to Him.

It also strengthened our faith and connection to Him. Even though Covid-19 gave us a lot of struggles, it should not affect our connection with Allah Subhanah Wa Ta'ala. Instead it should be a reason for us to get back to Him. It should be a way for us to remember Him often, as stated in the Qur'an, Allah said "So remember Me and I shall remember you" (2:152) So we should not forget that there's always ALLAH Subhanah wa Ta'ala who always there for us in terms of hardships and always ready to comfort and save us.

We should seek to get closer to Allah as mentioned in the hadith of Prophet Sallahu A'layhi Wa Sallam:

"Whoever comes with a good deed will have the reward of ten like it and even more. Whoever comes with an evil deed will be recompensed for one evil deed like it or he will be forgiven. Whoever draws close to me by the length of a hand, I will draw close to him by the length of an arm. Whoever draws close to me by the length of an arm, I will draw close to him by the length of a fathom. Whoever comes to me walking, I will come to him running. Whoever meets me with enough sins to fill the earth, not associating any entities with me, I will meet him with as much forgiveness." (Sahih Muslim)

Indeed, when you call for Allah he will surely come to you faster than you think. So we should use this opportunity to please Allah, and do those things that he obliged us to do, pray five times a day, make more du'a, read the Qur'an and hadith, and refrain from what He forbids. We should be thankful that even though there's a pandemic we are still alive and it's because of His mercy, "Indeed Allah is the most gracious and most merciful" (Ar-rahman, Ar-raheem), Allah is still giving us a chance to change for the better, and turn back to Him because indeed "Allah loves those who repent, and loves those who are purified" (2:222) so let's not waste His mercy and grab this chance, turn back to Him, and seek for repentance and guidance.

Du'a for protection against any kinds of harm and sickness

1. Du'a for protection against every kind of harm
Bismillahil-ladhi laa yadhurruh ma'asmihi shay-un fil ardhi wa laa fis-samaai wa huwas-samii'ul a'leem.
In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in heaven, and He is All-Hearing and All-Knowing.
(Sunan Abu dawud)

2. Du'a for total protection
Allahummah-faznee min bayni yadayya, wa min khalfee, wa 'an yameenee, wa 'an shimālee wa min fauqee, wa a'udhu bi'azomatika an ughtala min tahtee.
O Allah protect me from my front, behind me, from my right and my left, and from above me, and I seek refuge in Your Magnificence from being taken unaware from beneath me.
(Sunan ibn majah)

3.) Du'a for protection from every evil that brings harm.
A'uzu bikalimatillahit-tammaati min syarri ma kholak.
I seek protection in the perfect words of Allah from every evil that has been created
(Sahih Muslim)

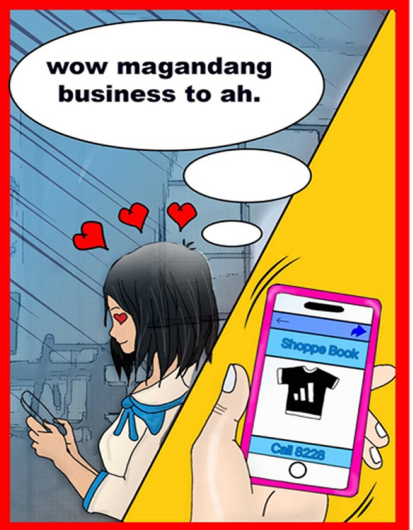
4.)Du'a for protection from diseases
(Allahumma inni a'uzubika minal baros, wal junuun wal juzzam, wa min sayyi'il-asqam.)
O Allah, I seek refuge in You from leprosy, madness, elephantiasis, and evil diseases
(Sunan Abu Daud)

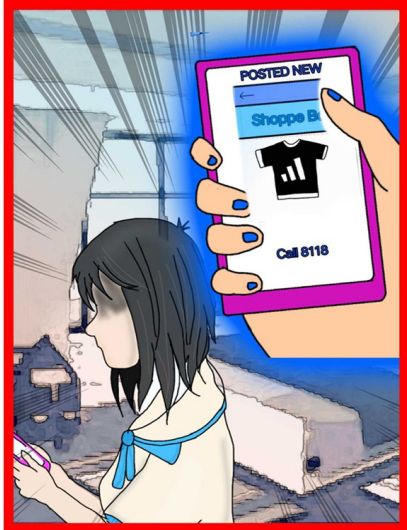
5. Du'a for sick
Bismillah (3x) A'udhu bi'izzatillahi wa qudratihi min sharri ma ajidu wa 'uhadhiru (7x)
In the name of allah, I seek refuge with allah and his power from the evil that afflicts me and that which I apprehend.
(Sahih Muslim)

Rabbi annee massaniyad-durru wa anta arhamur-raahimeen.
My lord. Indeed adversity has touched me, and you are the most merciful of the merciful.
(Al-anbiyah verse 21:83)

Source: Muslim.sg


hmmmm... paano kaya ako magkakapera para may pambaon ako


wow magandang business to ah.
Shoppe Book
Call 8228


POSTED NEW
Call 8118


Ang brand nato ay subok na, sa tibay at kalidad, eto ay sagad.
WOW


hello po pwede po bang maging reseller nyo?
Sure maam. meet-up nalang po


AGREED!!!


Pa! tingnan mo oh, parehas sa binebenta ng kaklase ko online.
Wow!!! Oo nga no

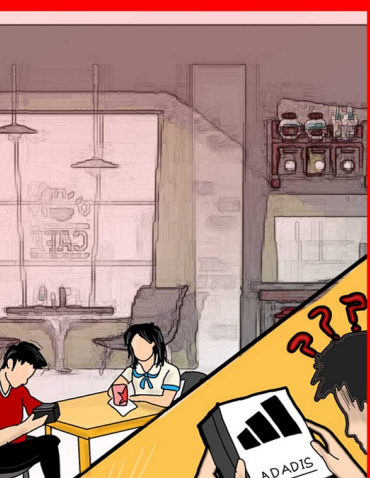

YEAH!
Shoppe Book
Call 8228


Hmmm Excited na ako sa Item
Wow!!! baka client nato!!!
Riing!!


Hello,,, classmate si Aida ito, bibili daw si papa ng shoes na pi-nost mo sa FB
Ah! ikaw pala sige meet up nalang kami ng papa mo to pick up the item.


Hmmmm.... May alam kaya sila about sa rules and regulations ng DTI?
!!!


hello!! ako pala si Jose isang DTI employee, alam nyo ba ang rules and regulations ng DTI about sa online selling?


???
ADADIS


Bat ganito? bakit adadis ang brand? saan bang bansa tong adadis nato?
Ibang brand ang nakita ko sa TV at sa post mo sa FB
Kinuha ko lang yan sa supplier ko kaya hindi ko alam na ADADIS pala yan.
!!


Bago tayo pumasok sa isang business, alamin muna natin ang Do's and Don't about sa pagbibusiness.
May mga posters and flyers ang DTI para maiwasan natin ang paglabag sa batas.


MARAMING SALAMAT PO SIR!!!

Sihnag EDITORIAL BOARD

Editor-in-Chief :Remalyn B. Habibon

Associate Editor :Alkaisa D. Sahibad

Managing Editor :Analyn E. Limpasan

News Editor: Adzrina A. Sadikal

Feature Editor : Alkhamar L. Saddalani

Literary Editor :Ranyessa S. Sencio

Filipino Editor : Nurida I. Salip Julkiram

Sports Editor: Nurmalyn H. Jumal

Exchange and Circulation Editor:
Marly M. Sabtula

Cartoonists: 1. Moh. John U. Tanjilul
2. Aldam J. Sawadjaan

Photo Journalists : 1. Bennazir M. Angsa
2. Sherly M. Salihuddin
3. Moh. Ridznur M. Sarabi

Layout Artist : Mudzramin M. Adjari

Islamic Editor: Fatima Marniza N. Rene

Health Corner editor: Aldimar D. Taha

Culture Corner Editor: Shaira Sakkam

Science Corner Editor: Bennajar M. Angsa

Writers:
Neridam P. Ammak
Morsalyn P. Harun
Nurmela Fahma H. Pandi
Ben-Ben Mulkin

Adviser : Adawia Jamasali-Alibasa, MAELS

STAFFERS

Remalyn B. Habibon
Q: What is the secret to happiness? A: Acceptance

Analyn E. Limpasan
Q: What is your motto in life? A: If you really want it, work hard for it.

Alkhamar L. Saddalani
Q: How to ensure a brighter tomorrow?
A: Ladies and gentlemen, your fate lies in you. Everything you do today will affect your tomorrow. If you want to taste change of fortune and be that someone who is successful, then sweat for it now. Tomorrow isn't promised to be always better but with constant hard work, exertion of effort and with seemly character, you will have what you deserve.

Nurmalyn H. Jumali
Q: Would you rather be 'crazy rich' or 'deeply in love'?
A: Well for me, as a hopeless romantic, I would rather be crazy in love. Because nothing can beat the value of love. Well, when you are in love, you can work together with your partner then you can achieve and succeed whatever you both wanted to have. And being deeply in love it made you feel satisfied.

Moh. John U.Tanjilul
Q: How do you define happiness? A: It's about loving what you have and being grateful for it.

Bennazir M. Angsa
Q: What is your perception towards leadership? A: Leadership is about an interaction and voice to lead the people surrounds you.

Mudzramin M. Adjari
Q: How would you deal with problems? A: by positively believing myself capability and by allowing myself to appreciate the wisdom behind the problem I encountered.

Aldimar D. Taha
Q: What is success really mean? A: Success doesn't rely on achieving one's goals. Perhaps we define it based on our own desire and experience. I do and always believe that success is having a stable life with my family and living our purpose.

Bennajar M. Angsa
Q: As a student of this generation, how would you encourage your fellow students to study hard despite of this pandemic?
A: I will motivate them through showing some actions and with meaningful words that will serve them as guide or way to strengthen their skills and knowledge. And to address the quality of education amidst of this formidable pandemic.

Morsalyn P. Harun
Q: What is the most dangerous thing in life? A: For me, loneliness is the most dangerous thing and yet it is very addicting, once you see how peaceful it is, you don't you don't want to deal with people anymore.

Ben-Ben A. Mulkin
Q: How do you know if a goal you have is worth pursuing?
A: You know a goal is worth pursuing when you realize the only distance between you and success is massive action, and you take it.

WALL

Alkaisa D. Sahibad
Q: What touches you the most? A: Kindness.

Adzrina A. Sadikal
Q: What is your biggest fear? A: It is telling my secrets to anyone, I'd rather be secretive than being honest.

Nurida I. Salip Julkiram
Q: Do you think a person can achieve happiness by being perfect?
A: People and things that are manmade is impossible to be perfect. But the only way we can be happy without being perfect is to be real. Being totally happy is so much better than being perfect.

Marly M. Sabtuli
Q: Why letting go is hard?
A: To let go, we have to forgive. Often, we need to forgive ourselves to move forward, and that might not be as easy as it looks. To forgive is to believe. Sometimes I am scared to believe in goodness.

Aldam J. Sawadjaan
Q: How do you deal with your problems in life?
A: In life, I see my problems as blessings also, I owe what I am right now to them, it mold me to be brave and resilient.

Sherly M. Sakihuddin
Q: For you, how do you define 'achievement'? A: I define achievement as being able to face difficulties despite of a lot of challenges you're dealing with.

Fatima Marniza N. Rene
Q: Is there a thing like the Wrong choice? A: For me, there is no such thing as the wrong choice, we chose it because it's meant to be. We just can't accept the fact that we didn't get what we want and manipulate our minds that we've made a wrong choice.

Shaira U. Sakkam
Q: For you, what is friendship?
A: Friendship is not just about having each other everyday and sharing things but the true essence of friendship is the word connection, not requiring the presents of each other you do not need anything just seeing them or even not, just looking back what you had shared memories makes you happy with no reason.

Neridam P. Ammak
Q: What do you mean by successful? A: It is the achievement on what you desired or your goal. It's being fulfilled what you dream and be happy and contented. Sometimes we encounter failure on our way to success but failure is always part of our success



MISSION

SSC is committed to develop academic stalwart and globally competent professionals, producing cutting edge research, knowledge and technologies for sustainable development; engage in partnerships and viable resource generation programs.

VISION

The Sulu State College as center of Excellence in BARMM producing globally competitive graduates and as institutional stewards in the development of the region.

CORE VALUES

SOLIDARITY

PROFESSIONALISM

INTEGRITY

COMMITMENT

EXCELLENCE

Sihnag Publicaton
Sulu State College